

DBIS VIRTUAL CHALLENGE



When: 2nd - 18th April 2022

DBIS students and families are invited to participate in a virtual run/walk challenge over the Easter break.

Categories

- 3km run/walk
- 5km run/walk
- 8km run/walk
- 10km run/walk

How does it work?

Student and family members can record their run/walk on the spreadsheet provided under their year group. Participants can record distance and/or time.



Please send any photos to sport@dbis.edu.hk

Participate as many times as you like within the designated dates. Click on your year group below to register your distance

Registration

[Nursery & Reception](#)

[Year 1](#)

[Year 2](#)

[Year 3](#)

[Year 4](#)

[Year 5](#)

[Year 6](#)

[Secondary](#)

Extra Challenge: Who can run/walk the entire distance with an egg in their hand

* Participation can be outdoor or on a treadmill. Parents and sibling register within the year group of their DBIS child.